



Raising the profile of the counselling
profession | Annual Conference | Awards

MEDIA KIT
2023

**National
Counsellors' Day
22nd June**

WWW.NATIONALCOUNSELLORSDAY.CO.UK

Why a National Counsellors' Day?



The UK's first ever National Counsellors' Day was held at the University of Lincoln on the 22nd June 2019. We celebrate National Counsellors' Day on the 22nd of June each year, and our yearly conference falls on the closest Saturday.

A National Counsellors' Day raises the profile of the counselling profession. It helps us to raise awareness of what it is that counsellors actually do, and will hopefully help us to raise awareness of the ongoing struggles we have surrounding employment and hardship. But crucially, it gives us space to bring together counsellors from across the UK to discuss important issues around social and political issues and make plans to address these. It also encourages us to spend time together and celebrate the often life saving work that we do - a space to lift each other up and support each other as we do so.

How can you get involved?

We'd love you to celebrate the day with us. You can:

- encourage your students, staff, partners and shareholders to get involved (feel free to send them this pack)
 - share our social media posts (links on the final page)
 - download the website and social media images from the following pages and use for your own organisation.
 - attend and help us promote our yearly conference.
 - nominate someone for an award!
- you have permission to use all material from this pack and our website.

National Counsellors' Day 2023

Online Conference



**When? Saturday 24th June 2023
9.30am – 4.30pm**

**Theme: Social and Political Issues in Counselling
and Psychotherapy. Holding space for difficult
but necessary conversations!**

**Welcome to the 2023 National Counsellors' Day
Conference. On the following page you will find details
about our fantastic presenters. We are really excited about
this years conference and think it looks set to be brilliant
day. We will be talking about some of the most important
issues facing our profession today, making space for
conversations which need to be had and bringing people
together from across our profession in a safe, supportive
and enabling space. We do hope you can join us too!**

**If you have any questions about the conference then
please do feel free to get in touch via email
enquiries@nationalcounsellorsday.co.uk**

**[Tickets available NOW on a donation basis.](#)
[Click here to grab yours!](#)**

Meet your 2023 Presenters



- **Dr Elizabeth Cotton. Presentation: It's the hope that kills you.**
- **The National Counselling and Psychotherapy Society (Headline Sponsor). Presentation: Politics and the Professional Body: a view into what the NCPS do for counselling & psychotherapy.**
- **Dr Dwight Turner. Presentation: The Journey Continues: Continued Conversations Around Race in Counselling & Psychotherapy.**
- **Rahil Virik from Gendered Intelligence. Presentation : A brief overview of working with Trans Non-Binary and Gender Exploring Clients.**
- **Mamood Ahmad. Presentation: Rebooting Counselling & Psychotherapy* Therapy with a Systemic, Inclusive, and Socially Conscious Heart.**
- **Lesley Dougan. Presentation: The Importance of Embedding Social and Political Issues within Counsellor Training.**
- **Rethink Mental Illness – Davinder Kaur. Presentation: Building communities that care.**
- **Erin Stevens. Presentation: Details coming soon.**
- **Mel Ciavucco. Presentation: Weight stigma and disordered eating: the hidden epidemic?**
- **Psychotherapy and Counselling Union (PCU). Presentation: Why Join a Union? From a political perspective.**

You can read more about the presentations and our presenters by clicking here.

To view the full conference programme click here.

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Saturday 24th June 2023



Hosted by



PROGRAMME

Special thanks to our conference hosts - Onlineevents



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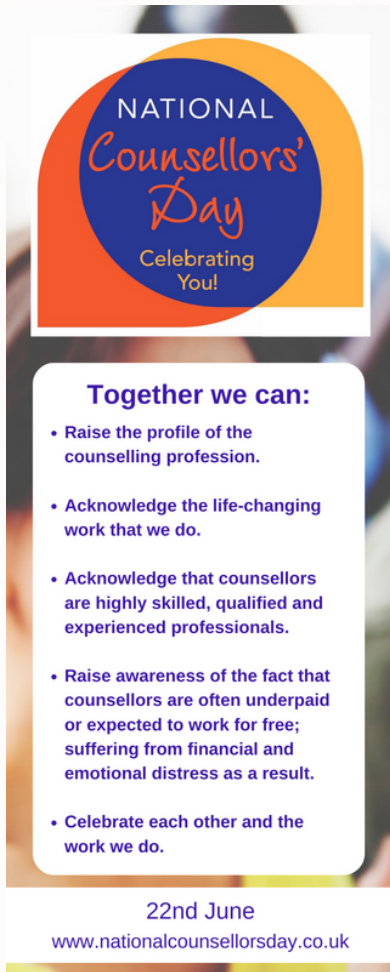
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